

Special Issue

Nutrition and Dietary Pattern Associated with Diseases

Message from the Guest Editor

Dear Colleagues, Nutrition and dietary pattern play important roles in preventing chronic diseases that may even be associated with aspects of an ordinary lifestyle. Currently, it is known that nutrients regulate internal secretion through hormonal control. Despite compliance with an adequate diet, chronic disease patients may be affected by nutritional elements. There are a lot of epidemiological studies to suggest that the Mediterranean diet may have protective effects on allergic respiratory symptoms. Nutritional elements and dietary pattern could play a critical role in the development of lifestyle-related diseases under certain conditions. In this Special Issue, high-quality manuscripts are welcomed that aim to clarify and emphasize the importance of diet in lifestyle-related disease development and future disease likelihood and, in the meantime, to examine the possible mechanism(s) through which nutritional elements and dietary pattern affect the development of lifestyle-related diseases.

Potential novel therapies may be developed to confirm (or overcome) the current knowledge gaps in the field of research.

Guest Editor

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