## **Special Issue**

# Advances in Vascular Health and Metabolism

## Message from the Guest Editor

The link between metabolism and cardiovascular physiology has been evident for a long time. Both metabolic and cardiovascular diseases have experienced continuous increases in incidence and prevalence in recent years. The magnitude of these issues and their severe effects on the life expectancy and quality of life of those affected have led many researchers to focus their efforts on them in recent years. While getting billions of people to change their lifestyle habits in order to prevent these issues would be an impossible task, better understanding the mechanisms underlying the connection between metabolic disorders and vascular pathologies would improve the quality of treatment of the affected people and can have a potential effect in reducing the pathologies derived from or linked to overweight and obesity, including vascular issues. This issue aims to inquire further about the mechanisms linking metabolic and vascular health and to include the most updated knowledge in cardiometabolic diseases.

#### **Guest Editor**

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## Deadline for manuscript submissions

18 January 2026



## Life

an Open Access Journal by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/217175

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## Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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