

Special Issue

Sports Biomechanics, Injury, and Physiotherapy

Message from the Guest Editor

We would like to invite you to contribute to a Special Issue, which will incorporate related papers on sports biomechanics, injuries and rehabilitation. Recent advances in biomechanics and wearable sensors have transformed all fields of clinical practice in sports rehabilitation, from prevention to assessment and management to decisions regarding return to play. The present Special Issue aims to highlight these recent advances in sports biomechanics and how objective data drive clinical decision making in sports injuries and rehabilitation. The purpose of this Special Issue is to compile a series of peer-reviewed studies, case reports, and methodological advancements and provide clinicians and practitioners with actionable insights into the optimization of performance and minimization of injury risk through biomechanical understanding. This Special Issue will cover all aspects relevant to sports injuries, from epidemiology to prevention, objective assessment and management to return-to-play decisions.

Guest Editor

Dr. Manos Stefanakis

Department of Health Sciences, University of Nicosia, Nicosia, Cyprus

Deadline for manuscript submissions

30 November 2025



Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/232754

Life
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
life@mdpi.com

mdpi.com/journal/

[life](https://life.mdpi.com)





Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



[mdpi.com/journal/
life](https://mdpi.com/journal/life)



About the Journal

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona
Institute of Science and Technology, 08028 Barcelona, Spain

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)