

Special Issue

Physical Therapy and Rehabilitation Support of the Elderly and People with Disabilities

Message from the Guest Editors

Measures to cope with the rapidly declining birthrate and aging population are becoming an important issue. In particular, research and development in the field of support for the elderly, such as physical and mental healthcare, has focused on measures against frailty and frailty in the related fields of medical care and long-term care. In addition, the social development of "community-based comprehensive care systems," which provide prevention and lifestyle support in an integrated manner to enable people to continue to live their own lives in their familiar communities, even when their physical and mental functions decline, has also led to the individualization of support for the elderly. In light of the above background, future research programs, titled "VR for Activity Maintenance and Rehabilitation Support of the Elderly," will feature methods to maintain, restore, and promote the physical and mental functions of the elderly using VR technology and VR-related technologies. This theme might be called XR (cross reality) *rehabilitation. **Cross reality is the combination of all the realities along with the interaction between virtual and the real world.*

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