

## Special Issue

# New Advances in Endocrinology and Metabolic Diseases: 2nd Edition

### Message from the Guest Editor

Metabolic diseases are currently on the rise and represent important risk factors for some of the most common and even fatal conditions, such as cardiovascular diseases (CVDs). Hypertension, dyslipidemia, diabetes mellitus, and especially obesity have reached pandemic dimensions. In addition, they are commonly accompanied by dire comorbidities, such as nonalcoholic fatty liver disease (NAFLD), CVDs, and obesity-associated malignancies. Their increasing prevalence represents a major public health burden. This Special Issue is devoted to advances in the understanding of the mechanisms underlying metabolic diseases, the inter-relationship between them, and the progress in the prevention as well as treatment of these conditions. We welcome original research articles, reviews, systematic reviews, and case reports encompassing this area of interest.

---

### Guest Editor

Dr. Chrysoula Boutari

Fourth Department of Internal Medicine, Hippokration General Hospital,  
Aristotle University of Thessaloniki, 54642 Thessaloniki, Greece

---

### Deadline for manuscript submissions

closed (31 January 2024)



## Life

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.4  
CiteScore 6.0  
Indexed in PubMed



[mdpi.com/si/181024](https://mdpi.com/si/181024)

*Life*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[life@mdpi.com](mailto:life@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[life](https://mdpi.com/journal/life)





# Life

---

an Open Access Journal  
by MDPI

---

Impact Factor 3.4  
CiteScore 6.0  
Indexed in PubMed



[mdpi.com/journal/  
life](https://mdpi.com/journal/life)



## About the Journal

### Message from the Editor-in-Chief

*Life* (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

---

### Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona  
Institute of Science and Technology, 08028 Barcelona, Spain

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPIus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)