

Special Issue

Diagnosis and Management of Maternal Medical Diseases in Pregnancy: Current Practice and Future Perspectives

Message from the Guest Editors

Medical diseases complicate approximately 10–15% of pregnancies worldwide, with variations based on geographic, socioeconomic, and healthcare factors. Common conditions include hypertension, diabetes mellitus, thyroid disorders, autoimmune diseases, cardiovascular diseases, infections, and renal diseases. The prevalence of these conditions is rising due to increasing maternal age, obesity, and improved survival rates of women with chronic illnesses. Management strategies aim to optimize maternal health while minimizing risks to fetal development. Pharmacological treatment should consider drug safety profiles in pregnancy. Regular antenatal monitoring helps detect complications early, facilitating timely interventions. Multidisciplinary coordination between obstetricians, internists, and specialists is essential for comprehensive care. This Special Issue seeks original research and review articles that focus on current diagnostic and management approaches in maternal medical diseases. Future perspectives in terms of gaps in current evidence should also be discussed.

Guest Editors

Dr. Alexandra Arvanitaki

1. Second Department of Cardiology, Ippokrateio General Hospital, School of Medicine, Aristotle University of Thessaloniki, St. Kiriakidi 1, 54642 Thessaloniki, Greece

2. Department of Emergency Medicine, AHEPA University Hospital, School of Medicine, Aristotle University of Thessaloniki, St. Kiriakidi 1, 54642 Thessaloniki, Greece

3. Adult Congenital Heart Disease Unit, Royal Brompton Hospital, Guy's and St Thomas' Foundation Trust, Sydney Street, London SW3 5NP, UK

Dr. Ioannis Tsakiridis

Third Department of Obstetrics and Gynecology, Faculty of Health Sciences, School of Medicine, Aristotle University of Thessaloniki, Agiou Dimitriou, 54124 Thessaloniki, Greece

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona
Institute of Science and Technology, 08028 Barcelona, Spain

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