

Special Issue

Personalized Prevention and Treatment in Endocrinology, Diabetes and Metabolic Diseases

Message from the Guest Editor

In diabetes and other potentially preventable metabolic diseases, the combined use of clinical data, genes, biomarkers, phenotypic characteristics, behaviors, etc., may stratify patients based on their risk of developing complications and/or the influence of decision models and algorithms on individualized treatment targets or therapies. Furthermore, with the increasing application of new real-time technologies, it is tempting to speculate that personalized preventive and/or therapeutic interventions may target individuals at both ends of the “average spectrum”, which might not fully benefit from current generic recommendations. However, this is currently more limited in daily endocrine clinical practice. Ultimately, it remains unclear whether the utilization of these novel biotechnological and molecular breakthroughs enhances or even outperforms classical methods of individualization based on more easily obtained clinical and/or biochemical parameters. In this Special Issue of *Life*, I invite you to share your research on precision medicine in the field of diabetes and endocrinology, from prevention to therapies.

Guest Editor

Dr. Grigorios Panagiotou

MRC Epidemiology Unit, Institute of Metabolic Sciences, University of Cambridge, Cambridge, UK

Deadline for manuscript submissions

31 October 2025



Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/183195

Life
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
life@mdpi.com

[mdpi.com/journal/
life](https://mdpi.com/journal/life)





Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



[mdpi.com/journal/
life](https://mdpi.com/journal/life)



About the Journal

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona
Institute of Science and Technology, 08028 Barcelona, Spain

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)