

Special Issue

Personalized Prevention and Treatment in Endocrinology, Diabetes and Metabolic Diseases

Message from the Guest Editor

In diabetes and other potentially preventable metabolic diseases, the combined use of clinical data, genes, biomarkers, phenotypic characteristics, behaviors, etc., may stratify patients based on their risk of developing complications and/or the influence of decision models and algorithms on individualized treatment targets or therapies. Furthermore, with the increasing application of new real-time technologies, it is tempting to speculate that personalized preventive and/or therapeutic interventions may target individuals at both ends of the “average spectrum”, which might not fully benefit from current generic recommendations. However, this is currently more limited in daily endocrine clinical practice. Ultimately, it remains unclear whether the utilization of these novel biotechnological and molecular breakthroughs enhances or even outperforms classical methods of individualization based on more easily obtained clinical and/or biochemical parameters. In this Special Issue of *Life*, I invite you to share your research on precision medicine in the field of diabetes and endocrinology, from prevention to therapies.

Guest Editor

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