Special Issue

Postharvest Softening, Flavor and Quality of Fruits: Molecular Mechanisms and Regulatory Approaches

Message from the Guest Editors

Fruit softening is a complicated process that is accompanied by changes in fruit quality. These processes are regulated by enzymatic activities, gene expression, and environmental factors. The rapid development of omics and experimental techniques provides us with a new understanding of fruit softening and its underlying regulatory mechanisms. Significant advances have been achieved in relation to transcriptional level and post-transcriptional control, regarding phytohormones, transcription factors, DNA methylation, histone modifications, alternative splicing, RNA modification, protein modification, and others. However, there are still many theoretical problems that need to be solved, such as the interaction of different plant hormones to regulate fruit softening and quality change, the interaction between endogenous factors and environmental conditions, the network of regulatory mechanisms at different levels, etc. The purpose of this Special Issue is to present the recent advances in regulation mechanisms of fruit softening and quality maintenance, especially the multifaceted toolkit for preserving fruit quality.

Guest Editors

Dr. Qinggang Zhu

College of Horticulture, Northwest A&F University, Yangling 712100, China

Dr. Yaxiu Xu

College of Horticulture, Northwest A&F University, Yangling, China

Deadline for manuscript submissions

31 December 2025



Life

an Open Access Journal by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/235485

Life
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
life@mdpi.com

mdpi.com/journal/ life





Life

an Open Access Journal by MDPI

Impact Factor 3.4 CiteScore 6.0 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona Institute of Science and Technology, 08028 Barcelona, Spain

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)

