

Special Issue

Musculoskeletal Diseases in Older Adults: Diagnosis, Treatment, and Management

Message from the Guest Editor

The global burden of metabolic and musculoskeletal diseases—including type 2 diabetes, obesity, osteoporosis, and sarcopenia—is rapidly expanding alongside population aging. These conditions rarely occur in isolation; their convergence in older adults creates complex clinical challenges demanding coordinated, precision-oriented solutions. Yet fragmented care models and gaps between research evidence and clinical translation continue to limit patient outcomes across the Asia-Pacific region and beyond. In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to): osteoporosis and fragility fracture prevention; sarcopenia, frailty, and functional decline; metabolic syndrome and type 2 diabetes in aging; precision medicine and metabolomics; diagnostic tools and early detection strategies; therapeutic advances in bone and metabolic disorders; digital health and AI-assisted screening; and pharmacological management of bone and metabolic disorders. We look forward to receiving your contributions.

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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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