

Special Issue

Progress and Challenges in Emerging Therapies for Alzheimer's Disease and Its Comorbidities

Message from the Guest Editor

Alzheimer's disease remains one of the most pressing public health challenges worldwide, with its incidence increasing alongside aging populations. Despite significant progress in understanding its pathophysiology, truly effective therapies remain limited. In recent years, numerous emerging therapeutic strategies—ranging from novel pharmacological agents and immunotherapies to lifestyle-based and digital interventions—have shown promise. However, translation to clinical treatment is often hampered by the frequent presence of comorbidities such as cardiovascular, metabolic and neuropsychiatric conditions, which complicate treatment responses and the design of trials.

This Special Issue aims to present cutting-edge research and critical reviews on innovative therapeutic approaches to Alzheimer's disease and its major comorbidities. By assembling diverse contributions, this Special Issue seeks to highlight current progress, identify remaining challenges and foster interdisciplinary dialogue to accelerate the development of effective interventions for patients affected by Alzheimer's disease in real-world, multimorbid contexts.

Guest Editor

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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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