

Special Issue

Recent Advances in Physiotherapy for Musculoskeletal

Message from the Guest Editors

Musculoskeletal injuries are a leading cause of disability worldwide, affecting millions of people annually and accounting for a substantial portion of global healthcare expenditure. Musculoskeletal rehabilitation is undergoing a revolution driven by the convergence of science, technology, and personalized medicine. By understanding each patient's unique genetic makeup and leveraging emerging technologies such as virtual reality and robotics, we can design highly personalized and effective treatments. The future of physical therapy extends even further into the realm of personalized medicine.

This Special Issue of *Life* seeks to explore the latest advancements and complementary techniques aligned with the principles of personalized medicine. By focusing on precise and efficient interventions, we will not only accelerate patient recovery but also optimize long-term outcomes, setting new standards in physiotherapy and sports medicine.

Guest Editors

Prof. Dr. Miguel Ángel Rosety-Rodríguez

Move-It Research Group, Biomedical Research and Innovation Institute of Cadiz, Puerta del Mar University Hospital, University of Cádiz, Plaza Fragela, s/n, 11003 Cádiz, Spain

Prof. Dr. Jorge Góngora-Rodríguez

Department of Nursing and Physiotherapy, University of Cádiz, 11009 Cádiz, Spain

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona
Institute of Science and Technology, 08028 Barcelona, Spain

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