

Special Issue

Recent Advances in Physiotherapy for Musculoskeletal Disorders

Message from the Guest Editors

Musculoskeletal injuries are a leading cause of disability worldwide, affecting millions of people annually and accounting for a substantial portion of global healthcare expenditure. Musculoskeletal rehabilitation is undergoing a revolution driven by the convergence of science, technology, and personalized medicine. By understanding each patient's unique genetic makeup and leveraging emerging technologies such as virtual reality and robotics, we can design highly personalized and effective treatments. The future of physical therapy extends even further into the realm of personalized medicine.

This Special Issue of *Life* seeks to explore the latest advancements and complementary techniques aligned with the principles of personalized medicine. By focusing on precise and efficient interventions, we will not only accelerate patient recovery but also optimize long-term outcomes, setting new standards in physiotherapy and sports medicine.

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Deadline for manuscript submissions

30 June 2026



Life

an Open Access Journal
by MDPI

Impact Factor 3.4
CiteScore 6.0
Indexed in PubMed



mdpi.com/si/221822

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Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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