

Special Issue

Herbal Extracts in Skin Health and Disease

Message from the Guest Editor

Herbal drugs have been used over centuries in the prevention and the treatment of various human diseases, among which are skin disorders. Across different cultures and traditional medicine systems, plant-derived preparations have been valued for their ability to support skin health and treat a variety of dermatological conditions. Research on herbal extract effects in various skin disorders has shown that active ingredients from these extracts can modulate inflammatory pathways, protect skin cells from oxidative stress, and even promote collagen synthesis, which aid in the prevention of wrinkle formation and support overall skin integrity. Their appeal lies in combining therapeutic activity with generally favorable safety profiles. However, there is still a clear need for well-designed clinical studies to confirm both the efficacy and safety of herbal extracts in skin research. Further randomized controlled trials with standardized preparations are necessary to validate their role as evidence-based adjuncts or alternatives in dermatologic care, ensuring that their traditional uses are supported by modern scientific evidence.

Guest Editor

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