

Special Issue

Advances on Physiotherapy and Functional Rehabilitation in Chronic Conditions

Message from the Guest Editor

We are pleased to invite you to contribute to this Special Issue, entitled “Advances on Physiotherapy and Functional Rehabilitation in Chronic Conditions”, to be published in the journal *Life*.

There is a critical need to update and refine physiotherapy and functional rehabilitation protocols, with particular emphasis on interventions targeting pain modulation, functional mobility, and long-term self-management. Establishing clearer evidence regarding the optimal frequency, intensity, duration, and combination of therapeutic modalities is essential to enhance clinical decision-making, improve patient outcomes, and promote cost-effective models of care.

The objective of this Special Issue is to showcase high-quality scientific and technical contributions that explore health-related factors influencing the well-being, functional status, and quality of life of people living with chronic conditions. By fostering the dissemination of innovative clinical approaches, outcome-based research, and interdisciplinary perspectives, this Special Issue aims to support the development of more effective, personalized, and sustainable physiotherapeutic interventions.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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