

## Special Issue

# Gastrointestinal Health: Clinical Research and Therapeutic Innovations

### Message from the Guest Editor

This Special Issue brings together a collection of original studies and reviews that underscore the dynamic landscape of gastroenterology. This project highlights pivotal advancements in diagnostic methodologies, therapeutic strategies and clinical practices designed to enhance gastrointestinal health. Featured research explores novel treatments for common gastrointestinal disorders, including irritable bowel syndrome, inflammatory bowel disease and gastroesophageal reflux disease. At the same time, conditions affecting the liver, such as fatty liver disease, liver cirrhosis and hepatocellular carcinoma, will also be addressed. The key focus areas include the gut microbiota's role in health and disease, investigating the therapeutic potential of probiotics, prebiotics and dietary interventions. Multidisciplinary perspectives will be emphasized, integrating insights from gastroenterologists, hepatologist, nutritionists, microbiologist and clinical researchers.

Giuseppe Guido Maria Scarlata  
Assistant

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### Guest Editor

Prof. Dr. Ludovico Abenavoli

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## Life

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### Message from the Editor-in-Chief

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