

Special Issue

From Muscle to Fascia: Current Trends and Future Perspectives

Message from the Guest Editors

Muscle has always been considered the key element in musculoskeletal issues and myofascial pain syndrome. Indeed, in their book, Travel and Symons do not report any evidence that supports the role of fascia in the syndrome. Currently, fascial treatments are very common, even if the supporting literature proving its efficacy is still weak. To better understand the possible actions of connective tissue treatments, it is necessary to clarify the anatomy, physiology, and pathophysiology of this tissue and related organs. Therefore, a better understanding of the available data, as well as further investigation of its molecular and biomechanical mechanisms, is imperative to significantly improve our knowledge of its origin and the efficacy of related treatments. We encourage you and your co-workers to submit your articles reporting on this topic. Reviews or original articles dealing with the anatomical, histological, and pathophysiological aspects associated with fascia disfunctions in experimental models and humans are particularly welcome.

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