

Special Issue

Diet and Vascular Disease

Message from the Guest Editors

The dietary approach plays a primary role in vascular and heart disease. Although a reduction in dietary salt is recommended as the main approach in hypertension, kidney diseases and heart failure, much debate still exists about how low a low-sodium diet should be; in recent years a great discussion among scientists has been ignited and many papers have expressed different views. Diet is a basic step in the treatment of dyslipidaemias, too, even if the pharmacological approach remains irreplaceable in cardiovascular prevention. Additionally, in the secondary forms of hypertension, sodium has been shown to play a strong role in inducing target organ damage, such as left ventricular hypertrophy. In this Special Issue of the journal *Life*, some international authors active in these research sectors will review the evidence on the role of dietary factors in the pathophysiology of the vascular diseases and in the induction of organ damage, clarifying the different views in this relevant field and contributing to this fierce debate.

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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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