

Special Issue

Physical Rehabilitation for Musculoskeletal Disorders

Message from the Guest Editor

"Physical Rehabilitation for Musculoskeletal Disorders" encompasses therapeutic techniques designed to restore function and alleviate pain associated with various conditions, including frozen shoulder, rotator cuff disease, intervertebral disc herniation, muscle and ligament injuries, osteoarthritis, scoliosis, congenital muscular torticollis, and post-surgical recovery. This field integrates physical therapy, manual therapy, and customized exercise programmes with a focus on pain management, improving range of motion, muscle strengthening, and enhancing mobility. Additionally, we will explore how artificial intelligence (AI) can contribute to treatment precision and improve rehabilitation outcomes.

Guest Editor

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