# Special Issue

# Urban Spatial Planning for Health and Well-Being

# Message from the Guest Editors

This Special Issue calls for interdisciplinary contributions that bridge health geography, urban planning, land system science, and sustainability science. We seek research that positions healthy city strategies at the forefront, critically examining the intersections between built environment design, Health Impact Assessment (HIA) methodologies, and the application of GeoAl. We welcome original research, reviews, and case studies that leverage these innovative data and analytical tools to explore how urban spatial planning can be optimized to foster environments that actively promote physical health, mental well-being, social equity, and overall quality of life for diverse urban populations. This Special Issue will welcome manuscripts that link the following themes:

- Urban built environment and human mobility;
- Urban regeneration and human health;
- Critical insights into 15-minute health city;
- Quantitative approach of health impact assessment;
- Urban resilience and nature-based solutions;
- Environmental justice and spatial equity;
- Urban food environment and health outcomes;
- Application of large language models in health geography;
- Dynamic environmental exposure, travel behavior, and well-being.

### **Guest Editors**

Dr. Shaoqing Dai

Dr. Zhiqiang Feng

Dr. Yuchen Li

Dr. Cai Wu

Dr. Wufan Zhao

#### Deadline for manuscript submissions

21 February 2026



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# Message from the Editor-in-Chief

Land is the only open access journal covering all aspects of land science, and it is a pioneering platform for publishing on land system science. Our editorial board is comprised of eminent scholars. We publish high quality research on societally relevant, emerging and innovative topics and results in land system research. It is now one of the top land journals with a significant impact factor, and has a goal to become the best journal in land in the coming years. I strongly recommend Land for your best research publications for a fast dissemination of your research.

#### Editor-in-Chief

# Prof. Dr. Christine Fürst

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