

Special Issue

Personalized Therapy, Personalized Nutrition, and Chronic Disease

Message from the Guest Editors

Background: Non-communicable diseases are responsible for the majority of global mortality and disability-adjusted life years. The majority of premature deaths and debilitating morbidities caused by non-communicable diseases (NCDs) are linked to common risk factors, such as the use of tobacco, physical inactivity, air pollution, harmful use of alcohol, and unhealthy diets, and are, therefore, largely preventable. Healthy diets are a very important component of primary and secondary prevention of NCDs.

Aim and Scope: Epidemiologic research, interdisciplinary health research, nutrition research, and human research.

History: Particularly, in disease treatment, the focus has been on drug treatment, while lifestyle and diet are equally important. Measuring dietary intake is difficult and error-prone. Dietary advice needs to become more personalized to improve its implementation.

We are looking for contributions from cutting-edge research that move the research and thinking about nutrition and health to the next level, using emerging technology and big data solutions.

Guest Editors

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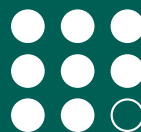
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Deadline for manuscript submissions

closed (10 November 2021)



Journal of Personalized Medicine

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CiteScore 6.0
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mdpi.com/si/64029

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Medicine*
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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM), ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).