## Special Issue

# Personalized Management and Treatment in Geriatrics

## Message from the Guest Editors

This Special Issue aims at exploring the latest developments in personalized management and therapy for older adults. We seek to highlight novel methodologies in patient assessment, diagnostics, treatment customization, and holistic care models. ensuring that geriatric medicine evolves to meet the demands of an aging population. Our focus spans pharmaceutical adaptations, non-pharmacological interventions, predictive analytics, and policy implications for personalized healthcare. In addition, patient-centred models of care and prevention strategies designed to improve quality of life and promote autonomy are explored. This collection will showcase pioneering research in geriatrics, from discovering biomarkers in ageing, modelling diagnostic tools to individualized drug regimens (including Aldriven) and integrated care frameworks. We welcome contributions detailing real-world applications, clinical trials, and interdisciplinary collaborations that push the boundaries of geriatric treatment paradigms.

## **Guest Editors**

Dr. Carmen da Casa

Faculty of Health Sciences, Pontifical University of Salamanca, 37002 Salamanca, Castille and León, Spain

#### Prof. Dr. Juan F. Blanco

- 1. Orthopaedic Surgery and Traumatology (Lead), University Hospital of Salamanca, Salamanca, Spain
- 2. Orthopaedic Surgery and Traumatology, Surgery Department, University of Salamanca (USAL), Salamanca, Spain
- 3. Instituto de Investigación Biomédica de Salamanca (IBSAL), Salamanca, Spain

## Deadline for manuscript submissions

20 February 2026



# Journal of Personalized Medicine

an Open Access Journal by MDPI

CiteScore 6.0
Indexed in PubMed



mdpi.com/si/240415

Journal of Personalized Medicine Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 jpm@mdpi.com

mdpi.com/journal/

jpm





# Journal of Personalized Medicine

an Open Access Journal by MDPI

CiteScore 6.0 Indexed in PubMed



## About the Journal

## Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on "omics"-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical

subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

## Editor-in-Chief

## Prof. Dr. Kenneth P.H. Pritzker

Department of Laboratory Medicine and Pathobiology, Department of Surgery, University of Toronto, 6 Queens Pk Crescent W.F, Toronto, ON M5S 3H2. Canada

## **Author Benefits**

## **High Visibility:**

indexed within Scopus, PubMed, PMC, Embase, and other databases.

## Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).

