

## Special Issue

# Precision Medicine in Otorhinolaryngology: From Diagnostics to Personalized Therapy

### Message from the Guest Editors

In recent years, clinicians and researchers have emphasized the importance of incorporating a subjective dimension of diseases to achieve a more holistic understanding of patients' health. This aligns with the World Health Organization's definition of health as "a state of complete physical, mental, emotional, and social well-being, and not merely the absence of disease or infirmity." With the patient now placed at the center of the therapeutic process, a personalized approach to disease management is emerging. Otorhinolaryngology has benefited significantly from tailored treatments. Patients with head and neck tumors may receive individualized therapies informed by the inflammatory and molecular profile of neoplastic cells. Those with chronic rhinosinusitis may avoid repeated surgeries or prolonged steroid use through targeted strategies. Even patients with obstructive sleep apnea can receive treatments customized to their polysomnographic patterns and upper airway anatomy. This Special Issue aims to highlight recent advances in personalized medicine in otorhinolaryngology. I invite you to contribute original articles showcasing novel insights and innovations.

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### Guest Editors

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### Deadline for manuscript submissions

31 March 2026



## Journal of Personalized Medicine

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an Open Access Journal  
by MDPI

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CiteScore 6.0  
Indexed in PubMed



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*Journal of Personalized  
Medicine*  
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## About the Journal

### Message from the Editor-in-Chief

*Journal of Personalized Medicine* is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

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### Editor-in-Chief

Prof. Dr. Kenneth P.H. Pritzker

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