

Special Issue

Personalized Therapeutic and Rehabilitation Approaches in Multiple Sclerosis: Challenges and Future Directions

Message from the Guest Editor

Personalized medicine is an increasingly important issue in medical practice, and especially in neurological disorders, such as multiple sclerosis. Research regarding the role of patients' intrinsic factors is growing, and using a personalized approach tailored to the patient's need is a mainstay of proper treatment, assuring the best possible result to reshape patient's disability trajectory. However, even though new risk and protective factors are being discovered and their potential in guiding clinicians' decisions has been established, there is a dearth of research in this field, especially regarding the possible adjunctive role of cognitive and motor rehabilitation. The aim of this Special Issue is to focus on new and personalized treatment approaches that, besides treatment with DMTs, can positively influence the disease course. This will be achieved with a critical approach, which is important to emphasize challenges and future directions. This Special Issue, therefore, aims to highlight the genetic, molecular, lifestyle, and environmental factors influencing both disease course and their treatment in a personalized fashion.

Guest Editor

Dr. Angelo Bellinva

IRCCS Don Carlo Gnocchi, Neurorehabilitation Unit, Milan, 20147 Milan, Italy

Deadline for manuscript submissions

31 March 2026



Journal of Personalized Medicine

an Open Access Journal
by MDPI

CiteScore 6.0
Indexed in PubMed



mdpi.com/si/243079

*Journal of Personalized
Medicine*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jpm@mdpi.com

mdpi.com/journal/

jpm





Journal of Personalized Medicine

an Open Access Journal
by MDPI

CiteScore 6.0
Indexed in PubMed



[mdpi.com/journal/
jpm](https://mdpi.com/journal/jpm)



About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM), ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

Editor-in-Chief

Prof. Dr. Kenneth P.H. Pritzker

Department of Laboratory Medicine and Pathobiology, Department of Surgery, University of Toronto, 6 Queens Pk Crescent W,F, Toronto, ON M5S 3H2, Canada

Author Benefits

High Visibility:

indexed within Scopus, PubMed, PMC, Embase, and other databases.

Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).