Special Issue

Personalized Medicine in Physical Medicine and Rehabilitation: Pediatrics, Adolescents and the Elderly

Message from the Guest Editor

Personalized medicine in physical medicine and rehabilitation is focused on taking into account patient characteristics such as lifestyle, environment, or genetics when carrying out treatment. This type of personalized medicine can lead to improved treatment outcomes in different populations, including children, adolescents, and the elderly. Traditionally there was a view of generalized treatments. With the advent of advances in genomics, data analysis, and technology used in rehabilitation, more individualized interventions have been allowed and have been achieving better outcomes than generalized treatments. This Special Issue aims to issue a call for research papers that take into account interventions in physical activity and rehabilitation from a personalized medicine approach in different populations such as children, adolescents, and older people. All cutting-edge research will be welcome both in personalized medicine and in musculoskeletal, neurological, or other problems in pediatric, adolescent, and older populations. Different types of research will be welcome.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM; ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. JPM publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). JPM is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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Author Benefits

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Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).

