Special Issue

Obstructive Sleep Apnea (OSA): Pathogenesis, Symptoms and Treatments

Message from the Guest Editor

Obstructive sleep apnea (OSA) is a common respiratory sleep disorder characterized by episodes of complete/partial upper airway collapse together with airflow reduction or cessation. OSA is associated with systemic organ damage, such as heart failure, diabetes mellitus and cognitive dysfunction. Thus, efforts aiming to define the symptoms and clarify the pathogenesis of OSA are essential for the exploration of new treatments. This Special Issue of the *Journal of Personalized Medicine* aims to highlight some of the latest studies on the pathogenesis, symptoms and treatment of OSA and the application of precision medicine to patients with OSA.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on "omics"-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical

subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

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