

Special Issue

Mechanism of Endocrine and Metabolic Diseases

Message from the Guest Editors

The integration of different mechanisms of production and evolution of endocrine and metabolic diseases with modern theories of correct nutrition, nutrigenomics and nanoparticles can lead to the understanding of various cardiovascular, endocrine and metabolic pathologies. This Special Issue of the *Journal of Personalized Medicine* aims to highlight the current state of the science and showcase some of the latest findings in the field of endocrine and metabolic diseases. The scientific advances in the field of nutrition, nutrigenomics and nanoparticles will continue to pave the path towards personalized nutrition for optimal health and wellness. Original articles and reviews highlighting the mechanism and treatment for endocrine and metabolic diseases as well as personalized medicine are welcome.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 25 days after submission; acceptance to publication is undertaken in 5.8 days (median values for papers published in this journal in the second half of 2025).