

## Special Issue

# Personalized Management in Degenerative and Traumatic Hand Surgery

### Message from the Guest Editors

Personalized care for hand surgery patients, especially those with post-traumatic, degenerative, or rheumatic conditions like rheumatoid arthritis, is essential due to the complex nature of these diseases. These conditions cause degeneration in hand joints, leading to pain, stiffness, and loss of function. Each patient's experience varies, requiring tailored treatment plans that incorporate medical management, physical therapy, and advanced surgical interventions.

Innovative surgical techniques are crucial for hand surgery patients. Personalized robotic-assisted surgeries offer enhanced precision, minimizing complications.

Personalized care involves thorough evaluations to determine the most appropriate surgical approach, whether it is joint replacement, tendon transfer, or others. This comprehensive approach, combined with patient education and shared decision making, ensures higher satisfaction and better adherence to postoperative care plans.

This Special Issue aims to promote personalized care, emphasizing innovative surgical therapy, of individual patients' needs, outcomes, and risk factors in the treatment of hand surgery patients.

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### Guest Editors

Dr. Michael Millrose

Dr. Martin Lautenbach

Prof. Dr. Leila Harhaus

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### Deadline for manuscript submissions

closed (13 February 2025)



## Journal of Personalized Medicine

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## About the Journal

### Message from the Editor-in-Chief

*Journal of Personalized Medicine (JPM)*, ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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