

Special Issue

Clinical Child Psychology: New Advances in Personalized Treatment and Management

Message from the Guest Editor

Children, adolescents, and their families facing physical illnesses, neuropsychiatric conditions, or experiences of maltreatment or trauma often require highly personalized psychological care. These vulnerable populations present complex and diverse needs that challenge standard clinical approaches. Historically, interventions in clinical child psychology have tended to follow generalized models. However, recent developments in research and clinical practice highlight the importance of tailoring assessment and treatment to each child's specific medical, psychological, and relational context. This Special Issue aims to gather innovative contributions focused on personalized psychological interventions for minors and families living in fragile conditions, including chronic illness, neurodevelopmental or psychiatric disorders, and exposure to trauma or neglect. We invite original research articles and reviews that explore tailored assessment, intervention, and management strategies in the context of pediatric psychological fragility—particularly in relation to medical illness, neuropsychiatric disorders, abuse, and family stress.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

Editor-in-Chief

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Author Benefits

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CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 23 days after submission; acceptance to publication is undertaken in 4.6 days (median values for papers published in this journal in the first half of 2026).