# **Special Issue**

# Personalized Medicine of Obesity and Metabolic Disorders

# Message from the Guest Editors

This Special Issue aims to offer an overview of exciting new research on how biomarkers, family and personal medical history, and different lifestyle behaviors can influence the risks of occurrence of obesity and metabolic disorders and how to facilitate the development of personalized interventions in preventive behaviors and management strategies for these conditions. The articles included will highlight the latest evidence and clinical interventions in the assessment and clinical follow-up of obesity and metabolic disorders, in the following forms:

- Narrative, scoping, or systematic reviews;
- Original research articles, including clinical and randomized controlled trials;
- Health services and primary care research, including the implementation of science interventions or related knowledge.

### **Guest Editors**

Dr. Mihaela Adela lancu

Prof. Dr. Christos Lionis

Prof. Dr. Cătălina Poiană

## Deadline for manuscript submissions

20 March 2026



# Journal of Personalized Medicine

an Open Access Journal by MDPI

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# About the Journal

# Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM; ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. JPM publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). JPM is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

### **Editor-in-Chief**

### Prof. Dr. Kenneth P.H. Pritzker

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### **Author Benefits**

## **High Visibility:**

indexed within Scopus, PubMed, PMC, Embase, and other databases.

## **Journal Rank:**

CiteScore - Q1 (Medicine (miscellaneous))

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).

