

Special Issue

Personalized Medicine of Obesity and Metabolic Disorders

Message from the Guest Editors

This Special Issue aims to offer an overview of exciting new research on how biomarkers, family and personal medical history, and different lifestyle behaviors can influence the risks of occurrence of obesity and metabolic disorders and how to facilitate the development of personalized interventions in preventive behaviors and management strategies for these conditions. The articles included will highlight the latest evidence and clinical interventions in the assessment and clinical follow-up of obesity and metabolic disorders, in the following forms:

- Narrative, scoping, or systematic reviews;
- Original research articles, including clinical and randomized controlled trials;
- Health services and primary care research, including the implementation of science interventions or related knowledge.

Guest Editors

Dr. Mihaela Adela Iancu

Prof. Dr. Christos Lionis

Prof. Dr. Cătălina Poiană

Deadline for manuscript submissions

20 March 2026



Journal of Personalized Medicine

an Open Access Journal
by MDPI

CiteScore 6.0
Indexed in PubMed



mdpi.com/si/216758

*Journal of Personalized
Medicine*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jpm@mdpi.com

[mdpi.com/journal/
jpm](https://mdpi.com/journal/jpm)





Journal of Personalized Medicine

an Open Access Journal
by MDPI

CiteScore 6.0
Indexed in PubMed



[mdpi.com/journal/
jpm](https://mdpi.com/journal/jpm)



About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

Editor-in-Chief

Prof. Dr. Kenneth P.H. Pritzker

Department of Laboratory Medicine and Pathobiology, Department of Surgery, University of Toronto, 6 Queens Pk Crescent W.F, Toronto, ON M5S 3H2, Canada

Author Benefits

High Visibility:

indexed within Scopus, PubMed, PMC, Embase, and other databases.

Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).