

Special Issue

Personalized Medicine of Obesity and Metabolic Disorders

Message from the Guest Editors

This Special Issue aims to offer an overview of exciting new research on how biomarkers, family and personal medical history, and different lifestyle behaviors can influence the risks of occurrence of obesity and metabolic disorders and how to facilitate the development of personalized interventions in preventive behaviors and management strategies for these conditions. The articles included will highlight the latest evidence and clinical interventions in the assessment and clinical follow-up of obesity and metabolic disorders, in the following forms:

- Narrative, scoping, or systematic reviews;
- Original research articles, including clinical and randomized controlled trials;
- Health services and primary care research, including the implementation of science interventions or related knowledge.

Guest Editors

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Prof. Dr. Christos Lionis
Prof. Dr. Cătălina Poiană

Deadline for manuscript submissions

closed (20 March 2026)



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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

Editor-in-Chief

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Author Benefits

High Visibility:

indexed within Scopus, PubMed, PMC, Embase, and other databases.

Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 25 days after submission; acceptance to publication is undertaken in 5.8 days (median values for papers published in this journal in the second half of 2025).