

Special Issue

Personalized Prevention and Treatment of Cardiovascular Diseases

Message from the Guest Editors

Cardiovascular diseases (CVDs) remain the leading cause of morbidity and mortality worldwide, necessitating novel approaches to prevention and treatment tailored to individual patient profiles. The field has evolved from a one-size-fits-all approach to integrating personalized strategies, driven by advances in genomics, biomarker discovery, and digital health technologies. This Special Issue focuses on advancing knowledge in personalized medicine for CVD prevention and treatment and exploring approaches that integrate patient-specific factors, such as genetics, lifestyle, and comorbidities, into clinical practice. We aim to highlight innovations in precision diagnostics, therapeutic interventions, and risk prediction models, alongside studies on lifestyle and digital tools that enhance patient care. We invite submissions of original research articles and reviews addressing novel biomarkers, therapeutic strategies, and personalized rehabilitation programs, as well as interdisciplinary studies advancing the field of cardiovascular precision medicine. We look forward to your contributions that will shape the future of personalized cardiovascular care.

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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM), ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).