

Special Issue

Sleep Medicine in Personalized Medicine

Message from the Guest Editor

Sleep has a fundamental role in achieving a healthy life and increasing attention has been paid to the beneficial role of sleep not only as a cognitive function and on the associated neuropathology processes, but also on entire body functioning. This Special Issue will focus on recognizing the detrimental effects of sleep disorders on brain and body health and on the need of personalized approaches for detecting and treating sleep disorders in clinical settings, in particular in neurology, psychiatry, and geriatrics. We invite original manuscripts or brief communications with recent and novel data, narrative reviews and systematic reviews with meta-analysis, opinion and general consensus or guidelines for better diagnosing and treating sleep disorders.

Guest Editor

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Deadline for manuscript submissions

closed (5 April 2024)



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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine is one of the few journals that covers the diverse areas involved in the field, including research at basic, translational, and clinical levels. It focuses on “omics”-level studies that seek to define the basis of interindividual variation in susceptibility for a disease, its prognosis or definition of clinical subsets, and response to therapy (pharmacogenomics). We are also interested in systems biology as it relates to interindividual variation, and research on new methodologies, informatics, and biostatistics, in the aforementioned areas.

Editor-in-Chief

Prof. Dr. Kenneth P.H. Pritzker

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Author Benefits

High Visibility:

indexed within Scopus, PubMed, PMC, Embase, and other databases.

Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 25 days after submission; acceptance to publication is undertaken in 5.8 days (median values for papers published in this journal in the second half of 2025).