

Special Issue

Sleep Medicine in Personalized Medicine

Message from the Guest Editor

Sleep has a fundamental role in achieving a healthy life and increasing attention has been paid to the beneficial role of sleep not only as a cognitive function and on the associated neuropathology processes, but also on entire body functioning. This Special Issue will focus on recognizing the detrimental effects of sleep disorders on brain and body health and on the need of personalized approaches for detecting and treating sleep disorders in clinical settings, in particular in neurology, psychiatry, and geriatrics. We invite original manuscripts or brief communications with recent and novel data, narrative reviews and systematic reviews with meta-analysis, opinion and general consensus or guidelines for better diagnosing and treating sleep disorders.

Guest Editor

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Deadline for manuscript submissions

closed (5 April 2024)



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About the Journal

Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM), ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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Author Benefits

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Journal Rank:

CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.5 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2025).