# **Special Issue**

# Multiple Pregnancies: Optimal Follow-Up, Early Detection and Management of Complications, and Appropriate Mode and Time of Delivery

# Message from the Guest Editor

The frequency of multiple pregnancies has risen, primarily attributed to factors such as postponed parenthood and the increased age of mothers at the time of conception, along with the prevalent use of assisted reproductive technologies. Additionally, compared to singleton gestations, multiple pregnancies carry a higher risk of perinatal mortality and morbidity. Ultrasound serves as a crucial instrument enabling clinicians to monitor multiple pregnancies effectively. International guidelines address the optimal follow-up of multiple pregnancies and the role of ultrasound in the early detection of pregnancy complications. further research is needed regarding the management of specific pregnancy complications, such as selective fetal growth restriction or twin anemia-polycythemia sequence (TAPS), and concerning the appropriate mode and time of delivery. Thus, this Special Issue aims at gathering the latest insights on the management, followup, and delivery strategies for both uncomplicated and complicated multiple pregnancies.

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# About the Journal

# Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM; ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. JPM publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). JPM is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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