



Precision Medicine, It Is Time to Tailor and Drive the Treatment in Rheumatic Diseases

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Message from the Guest Editors

Dear Colleagues,

The term “precision medicine” has become increasingly popular by proposing a medical model which allows to choose a personalized treatment, tailoring therapeutic strategies to the individual characteristics of each patient. In fact, precision medicine has been defined as a new approach for disease treatment and prevention that considers individual variability in genes, lifestyle and environmental exposure.

In rheumatic diseases, often characterized by wide phenotypic heterogeneity, precision medicine is still an emerging area. Recently, significant efforts have been made to better understand the pathogenetic mechanisms in several rheumatic diseases.

The combination of clinical, laboratoristic, instrumental features and molecular and genetic pathways should allow to identify patients with similar disease courses and treatment responses. Therefore, through knowledge of these features, a precision medicine approach may guide the choice of treatment and the timing of its administration in order to maximize drug efficacy, determining the optimal treatment regimen for each patient.

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Message from the Editor-in-Chief

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