

Special Issue

Emotions, Well-Being and Intelligence: Assessment, Interventions and Professional Development

Message from the Guest Editors

This Special Issue aims to explore the dynamic interconnections between emotional processes, psychological well-being, and different forms of intelligence—especially emotional and social intelligence—during adolescence and emerging adulthood (ages 10 to 29). These life stages are marked by significant cognitive, emotional, and identity-related transitions that are fundamental for personal development, educational attainment, and early professional formation. Emotional competencies and psychological well-being have become central constructs in understanding how individuals navigate academic, social, and vocational demands. Emotional intelligence, in particular, plays a crucial role in facilitating self-regulation, interpersonal functioning, motivation, and resilience. Moreover, well-being—both subjective and psychological—is increasingly being recognized as a key developmental and educational outcome that is closely tied to identity development, life satisfaction, and long-term goal orientation. These aspects are also pivotal for identifying and cultivating talent in educational and early professional contexts.

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About the Journal

Message from the Editor-in-Chief

The relatively new and ambitious *Journal of Intelligence* is devoted to the study of human intelligence. Intelligence is a fundamental core of being human, with far-ranging implications for all members of our society. Now more than ever, in a world in which most have access to the Internet, information, and misinformation, with reduced face-to-face interactions, understanding how to measure and develop human intelligence is a critical and vital mission. Human intelligence is studied from many different perspectives, for different purposes, and this journal has an open policy with respect to approaches and methodologies. We encourage submissions with the potential to innovate, show alternative perspectives, and highlight the importance of developing and measuring intelligence as well as studies on intelligence that have an impact on our lives.

Editor-in-Chief

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