

Special Issue

Mood and Emotion in Sport and Exercise Performance

Message from the Guest Editors

The aim of this Special Issue is to assemble either applied or theoretical research from experts within the field of all forms of sport performance—e.g., biomechanics, physiology, exercise, talent identification, and psychology—on the effects of exercise on mood and emotional states. Works can be experimental or computational. Reviews and papers on education and ethical issues are also welcome. We encourage interdisciplinary paper submissions concerning the following areas: Cognitive, biological and physiological processes for enhancing performance; Motor performance cognitive impact throughout development; Emotional and motor components in sport performance; The effects of personality traits on sport performance; The efficacy of using imagery to enhance sport performance; The effect of mood states on performance; Motion and postural analysis.

Guest Editors

Prof. Dr. Donatella Di Corrado

Dr. Marinella Coco

Dr. Vincenzo Cristian Francavilla

Deadline for manuscript submissions

closed (30 June 2025)



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About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

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Author Benefits

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Journal Rank:

JCR - Q2 (Sport Sciences) / CiteScore - Q2 (Physical
Therapy, Sports Therapy and Rehabilitation)

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manuscripts are peer-reviewed and a first decision is
provided to authors approximately 26.9 days after
submission; acceptance to publication is undertaken in 1.9
days (median values for papers published in this journal in
the first half of 2025).