

Special Issue

Posture, Balance, and Gait: Assessment Techniques and Rehabilitation Strategies—2nd Edition

Message from the Guest Editors

Following the success of our first edition, we are delighted to launch the *2nd Edition of Posture, Balance, and Gait: Assessment Techniques and Rehabilitation Strategies*. The elements highlighted constitute core components of human movement, essential for maintaining mobility, independence, and quality of life. Their impairment—whether due to ageing, neurological conditions, or injury—they can have a profound impact on daily functioning and well-being. Recent progress in assessment methods and rehabilitation approaches offers promising pathways to better understand, monitor, and enhance these functions. In this edition, we aim to gather a rich collection of original research, reviews, and case studies that present innovative solutions and interdisciplinary perspectives. We are particularly keen to publish research contributions on

- Novel tools and technologies for posture, balance, and gait assessment;
- Mechanisms of postural control and balance;
- Rehabilitation strategies for neurological and musculoskeletal conditions;
- Fall prevention programs and ergonomic interventions;
- Integration of wearable devices, virtual reality, and other technologies in rehabilitation.

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About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

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