

## Special Issue

# Advances in Basketball Performance, Training and Athlete Health

### Message from the Guest Editors

Basketball is one of the world's most widely practiced and scientifically investigated team sports, engaging millions of athletes across youth, developmental and elite performance pathways. Despite substantial progress in sport science support, important questions remain regarding how coaching strategies, training design and monitoring practices influence performance development, fatigue management, injury risk and long-term athlete health. This Special Issue of the *Journal of Functional Morphology and Kinesiology* invites high-quality, basketball-specific contributions that advance scientific understanding and practical application across women's and men's programs, from youth to elite competition. We welcome original research articles, systematic and narrative reviews and applied or translational studies addressing contemporary challenges in basketball performance and preparation.

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### Guest Editors

Dr. Kazimierz Mikołajec

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### Deadline for manuscript submissions

30 September 2026



## Journal of Functional Morphology and Kinesiology

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Impact Factor 2.5  
CiteScore 3.7  
Indexed in PubMed



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*Journal of Functional Morphology and Kinesiology*  
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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

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##### Journal Rank:

JCR - Q2 (Sport Sciences) / CiteScore - Q2 (Physical  
Therapy, Sports Therapy and Rehabilitation)

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is  
provided to authors approximately 22.5 days after  
submission; acceptance to publication is undertaken in 2.4  
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the second half of 2025).