

## Special Issue

# New Perspectives on Kinesiology and Functional Morphology in Team Sports

### Message from the Guest Editors

This Special Issue, titled "New Perspectives on Kinesiology and Functional Morphology in Team Sports", explores the evolving understanding of how human movement and body structure influence athletic performance in team sports.

This research highlights the importance of individualized assessments and training, emphasizing that athletes in team sports, despite playing similar roles, possess unique morphological and biomechanical profiles. The combination of kinesiology and functional morphology allows for tailored conditioning programs that target specific physical needs, improving overall team performance. This work also underscores the role of technological advancements in tracking and analyzing movements, providing deeper insights into how athletes perform during games. By integrating these perspectives, coaches and sports scientists can foster more effective training regimens that align with the natural strengths and weaknesses of each player, ultimately enhancing team cohesion, performance, and injury resilience. These new approaches reflect the growing interdisciplinary nature of sports science, blending biomechanics, physiology, and cutting-edge technology.

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### Guest Editors

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Prof. Dr. Michał Spieszny

Prof. Dr. Tadeusz Ambroz

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### Deadline for manuscript submissions

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## Journal of Functional Morphology and Kinesiology

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#### Editor-in-Chief

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