

## Special Issue

# Exercise Science and Neurodegeneration: Current Trends and Research

### Message from the Guest Editors

Increasing evidence supports the positive impact of exercise on human health. Exercise has been established to reduce the risk for cardiovascular disease and several other chronic diseases, including diabetes mellitus, cancer, obesity, hypertension, bone and joint diseases, and neurodegenerative disease. Although the exact mechanisms by which this occurs remain unclear, growing research points to exercise's neuroprotective effects in both human and animal models, with a particular focus on mental health, neurodegenerative conditions, and brain injuries. This Special Issue aims to explore the relationship between exercise and brain function in physiological and/or pathological conditions using clinical and animal studies. Original articles and review articles are welcome.

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### Guest Editors

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### Deadline for manuscript submissions

30 September 2025



## Journal of Functional Morphology and Kinesiology

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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

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