



Kinesiotaping in Sport and Rehabilitation Settings

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Message from the Guest Editors

Dear Colleagues,

Kinesio Tex Taping is a kinesthetic method based on an elastic cotton strip with an acrylic adhesive developed by Japanese chiropractor Dr. Kenso Kase in the 1970s, which first gained widespread attention at the 1988 Seoul Olympics.

Kinesiotaping has become a popular intervention strategy used both in sports setting to improve athletes' performance and in clinical rehabilitation practice. However, even if the use of kinesiotape is growing in popularity, its direct benefits remain controversial due to inconsistent results and/or methodological limitations.

Further research is demanded to grant a deeper understanding of advantages and limits in using this intervention modality in special populations, such as sport players and subjects with physical and neurological disorders.

This Special Issue is devoted to collecting original and high-quality investigations and/or reviews describing how a kinesiotaping approach can influence sports performance, motor behavior, and functional movement in subjects with physical and motor diseases.

