

Special Issue

Testosterone and Men's Health: From Evidence to Clinical Practice

Message from the Guest Editors

Recently, TRT (Testosterone Replacement Therapy) has been increased from the development of safe, effective non-alkylated preparations and increased life expectancy with secondary hypogonadism of LOH (Late Onset Hypogonadism). The diagnosis of LOH is based on the presence of symptoms or signs and persistent low serum testosterone levels. However, we still do not have accurate measurement of serum testosterone level and no diagnostic questionnaire. Furthermore, safety concerns of TRT regarding the prostate and cardiovascular system are problematic. The benefits and risks of testosterone therapy must be clearly discussed with the patient and assessment of prostate and other risk factors considered before commencing testosterone treatment. Response to testosterone treatment should be assessed. We should recognize the endocrinological and uroandrogenological points of view, and be more interested in the systemic manifestation of TRT for better clinical practice in the era of men's health. The Special Issue aims to present the latest research findings and opinions in the field of testosterone and men's health.

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Deadline for manuscript submissions

closed (28 February 2019)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/13512

Journal of Clinical Medicine
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mdpi.com/journal/

[jcm](https://doi.org/10.3390/jcm)





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