

## Special Issue

# Recent Developments in the Clinical Treatment of Shoulder Joint Instability

### Message from the Guest Editor

Joint instability is one of the most common shoulder problems we have to deal with in clinical practice. Over the last few decades, treatment options have experienced a shift from open solutions to less-invasive arthroscopic techniques. In order to facilitate this transition, modifications of traditional techniques have been developed by shoulder surgeons and new instruments and implants were introduced by different companies. However, the treatment outcome of shoulder instability patients has not only been improved by surgical innovations but also by advances made in the field of pre-interventional assessment. These changes have led to a more patient-specific treatment approach with a case-by-case evaluation of the underlying pathology and the according treatment tailored to the needs of each individual patient. As innovation continues at a high pace and most studies focus on short-term results, long-term effects of different therapeutic approaches must not be neglected as most patients receiving these new treatments are expected to live on for several decades.

---

### Guest Editor

Dr. Philipp Moroder

Head of the Department for Shoulder and Elbow Surgery, Center for Musculoskeletal Surgery, Charité University Hospital Berlin, Berlin, Germany

---

### Deadline for manuscript submissions

closed (31 December 2021)



## Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/66281](https://mdpi.com/si/66281)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://www.mdpi.com/journal/jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of  
Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).