

Special Issue

Mild Cognitive Impairment

Message from the Guest Editors

The American Academy of Neurology updated its practice guidelines on mild cognitive impairment (MCI) in December 2017. The guideline panel recommended the following research: 1) the use of consistent diagnostic criteria for MCI and dementia in clinical trials 2) the inclusion of patient cohorts with specific biomarker data in treatment studies targeted at specific pathologies 3) the use of outcome measures that are direct measures of clinically meaningful patient outcomes 4) study of early lifestyle and comorbidity modifications and the effects of such changes on the progression of MCI to different dementia subtypes. This Special Issue summarizes the recent understanding of diagnostic criteria for MCI and dementia, specific biomarker of MCI, outcomes in clinical trials, modifiable factor of reversion from MCI to cognitive normal, and update evidence of clinical trials in MCI.

Guest Editors

Prof. Dr. Hiroyuki Shimada

Department for Preventive Gerontology, Center for Gerontology and Social Science, National Center for Geriatrics and Gerontology, Obu, Japan

Prof. Dr. Hyuntae Park

Department of Health Care Science, Dong-A University, Busan 49315, Republic of Korea

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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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