

Special Issue

Ectopic Fat Continuum: New Concept Based on Clinical and Basic Evidence

Message from the Guest Editor

This Special Issue of the *Journal of Clinical Medicine* will cover the following important aspects of ectopic fat continuum in clinical and basic research. Ectopic fat depots, body composition, visceral fat obesity, metabolic syndrome, and diabetes mellitus; Ectopic fat depots in pancreatic β cells and skeletal muscle, and modulations of insulin secretion and insulin resistance; Epicardial and cardiac fat and cardiovascular diseases such as atherosclerotic cardiovascular diseases (ASCVDs), hypertension, left-ventricular dysfunction, heart failure (HFrEF and HFpEF), atrial fibrillation, and other arrhythmia; Ectopic fat depots and nonalcoholic fatty liver disease (NAFLD), nonalcoholic steatohepatitis (NASH), and liver cancer; Ectopic fat depots in the kidney (pararenal and renal sinus fat) and chronic kidney disease; Ectopic fat depots and risk stratification for onset of diabetes and cardiovascular risk.

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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