

## Special Issue

# The Clinical Management of Bipolar Disorders

### Message from the Guest Editors

This Special Issue seeks to identify validated strategies for the clinical management of bipolar disorders. This may include:

- 1) New tools that help to predict relapses (smartphone applications, actimetry, etc.);
- 2) Pharmacological or psychological interventions improving clinical response during the acute phase of the disorder (either in a manic, depressive, or mixed episode) and prevent relapses;
- 3) Strategies for the detection and management of cognitive impairments, with innovative cognitive remediation procedures and procognitive medications;
- 4) Longitudinal studies to establish the different trajectories of cognitive functions;
- 5) Strategies to reduce the harm of comorbidities, such as metabolic syndrome, sleep disturbances, attention-deficit hyperactivity disorder, substance-use disorders, etc.;
- 6) Interventions that improve patient adherence to long-term treatment;
- 7) Rehabilitation that alleviates the psychosocial burden for the patient, the family, and the caregivers, with a particular emphasis on recovery;
- 8) Strategies for the detection and management of the adverse consequences of childhood traumas;
- 9) Improving the prevention of suicide.

### Guest Editors

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### Deadline for manuscript submissions

closed (21 April 2023)



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