

Special Issue

Ankle Osteoarthritis

Message from the Guest Editor

In this Topical Collection, the readers will have the chance to receive an update on ankle osteoarthritis. Ankle osteoarthritis is a painful entity caused, in the majority of the cases, by a post-traumatic etiology, as a fracture or instability. The treatment shall be first conservative: painkillers, oral viscosupplementation, infiltrations, physiotherapy, orthoses, and special shoes. In the event of necessary surgery, joint-preserving surgery might deload the partially osteoarthritic joint. In full-osteoarthritis cases, a total ankle arthroplasty might be the next possible option, providing pain reduction, restoring joint function and giving better life quality to the patient. Ankle arthrodesis, as the traditional treatment of ankle osteoarthritis, shall be the final surgical treatment option.

Guest Editor

Prof. Dr. Victor Valderrabano

Swiss Ortho Center, Schmerzklinik Basel, Swiss Medical Network,
Hirschgässlein 15, 4010 Basel, Switzerland

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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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