## Special Issue

## Advancements in Lumbar Spine Surgery: Modern Strategies and Techniques

## Message from the Guest Editors

Lumbar spine surgery addresses degenerative conditions such as disc disease, stenosis, facet arthrosis, and deformities often extending into the thoracic spine. When conservative care fails or neurological deficits develop, surgery—including decompression, fusion, deformity correction, and motion preservation—is essential. This Special Issue invites submissions on topics including:

- Minimally invasive surgery (MIS)
- Endoscopic techniques
- Fusion strategies and instrumentation
- Motion preservation procedures
- Deformity correction in lumbar and thoracolumbar spine
- Robotics, navigation, and artificial intelligence
- Multidisciplinary perioperative management

We welcome original research, reviews, and clinical cases advancing diagnostics, surgical innovation, and postoperative care. Your contributions will help enhance outcomes and drive progress in lumbar spine surgery.

## **Guest Editors**

Prof. Dr. Christian von der Brelie

Department of Neurosurgery, University Medical Center Göttingen, Göttingen, Germany

Dr. Frank Beyer

Hospital Porz am Rhein, Cologne, Germany

## Deadline for manuscript submissions

31 March 2026



# Journal of Clinical Medicine

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine*'s (*JCM*) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).