

Special Issue

Hypertension in Adults: Current Updates on Diagnosis, Treatment and Management

Message from the Guest Editors

It is widely known that hypertension in the adult population is a leading cause of morbidity and mortality, mainly due to its key role in cardiovascular disease. Therefore, the scientific community has focused on, first, its accurate diagnosis and then on the management of this complex problem. Lately, new drug categories have come into light, showing a favorable cardiovascular effect—including an effect on blood pressure, such as SGLT2 inhibitors, as well as other novel agents that are not yet available commercially. These novelties could offer new perspectives in the management of hypertension, especially after many years of limited progress in the field. However, some interesting and new information may be contained in the ESH 2024 Clinical Practice Guidelines. In this Special Issue, we welcome authors to submit papers on the current updates in hypertension in adults in terms of diagnosis, management and potential future perspectives.

- essential hypertension
- nighttime blood pressure
- blood pressure measurement
- blood pressure management

Please click [here](#) to find information!

Welcome to contribute

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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