

Special Issue

Sarcopenia, Musculoskeletal, and Neuromuscular Disorders: Physical Therapy and Rehabilitation Perspectives

Message from the Guest Editors

The field of rehabilitation medicine and physical therapy has rapidly evolved, offering innovative approaches to improve motor recovery and functional independence in individuals with musculoskeletal and neuromuscular disorders. Sarcopenia and related muscle dysfunctions have emerged as key contributors to disability, frailty, and reduced quality of life. Recent advances in exercise-based interventions, task-oriented training, and neurorehabilitation strategies have highlighted the importance of personalized rehabilitation models. This Special Issue aims to collect high-quality original research, clinical trials, and reviews addressing assessment methods, therapeutic strategies, and functional outcomes in sarcopenia, musculoskeletal pain, and neurological recovery. We welcome contributions that explore the interface between muscle physiology and innovative rehabilitation technologies to enhance clinical practice and patient outcomes.

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