

## Special Issue

# Sarcopenia, Musculoskeletal, and Neuromuscular Disorders: Physical Therapy and Rehabilitation Perspectives

### Message from the Guest Editors

The field of rehabilitation medicine and physical therapy has rapidly evolved, offering innovative approaches to improve motor recovery and functional independence in individuals with musculoskeletal and neuromuscular disorders. Sarcopenia and related muscle dysfunctions have emerged as key contributors to disability, frailty, and reduced quality of life. Recent advances in exercise-based interventions, task-oriented training, and neurorehabilitation strategies have highlighted the importance of personalized rehabilitation models. This Special Issue aims to collect high-quality original research, clinical trials, and reviews addressing assessment methods, therapeutic strategies, and functional outcomes in sarcopenia, musculoskeletal pain, and neurological recovery. We welcome contributions that explore the interface between muscle physiology and innovative rehabilitation technologies to enhance clinical practice and patient outcomes.

### Guest Editors

Dr. Do-youn Lee

College of General Education, Kookmin University, Seoul 02707, Republic of Korea

Dr. Myoung-Kwon Kim

Department of Physical Therapy, College of Rehabilitation Sciences, Daegu University, Gyeongsan 38453, Republic of Korea

### Deadline for manuscript submissions

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of  
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