

## Special Issue

# Hypertension and Cardiovascular Disease: Clinical Updates and Perspectives

### Message from the Guest Editors

This Special Issue aims to provide a comprehensive overview of the latest advancements, research findings, and clinical perspectives in the field. Hypertension and cardiovascular disease continue to be significant health concerns worldwide, necessitating continuous updates and insights into their diagnosis, management, and prevention. We welcome submissions focusing on emerging diagnostic techniques, novel treatment approaches, risk assessment models, and preventive strategies. Additionally, articles exploring the impact of lifestyle modifications, pharmacological interventions, and personalized medicine in managing hypertension and cardiovascular disease are encouraged. Authors are encouraged to contribute articles that shed light on the pathophysiology, epidemiology, and genetic factors associated with these conditions. Furthermore, we encourage submissions that explore the intersection between hypertension, cardiovascular disease, and other comorbidities such as diabetes, obesity, and renal disorders.

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### Guest Editors

Dr. Valeria Visco  
Dr. Michele Ciccarelli  
Dr. Costantino Mancusi

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### Deadline for manuscript submissions

closed (25 October 2025)



## Journal of Clinical Medicine

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Impact Factor 2.9  
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## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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### Editors-in-Chief

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