

Special Issue

Clinical Diagnosis and Management of Obstructive Sleep Apnea Syndrome

Message from the Guest Editors

We are pleased to invite esteemed experts to contribute papers to our Special Issue. As a valued researcher, we would be honored to have you as a contributor.

This Special Issue aims to present up-to-date and pertinent findings concerning diagnosis, therapy and management of Obstructive Sleep Apnea Syndrome, with particular focus to the multidisciplinary aspects of this widespread pathology.

The prevalence of OSA is approximately 22% in men and 17% in women, it represents a condition with important social implications because of sleep deprivation and daytime sleepiness. Obstructive Sleep Apnea Syndrome is becoming an increasingly studied disease because of its many comorbidities and consequences, although there's a high prevalence of undiagnosed and untreated patients. Nowadays it's clearly recognized as OSA is a risk factor for hypertension, heart failure, coronary artery disease, and so on. Sleep fragmentation in patients with sleep apnea can also lead to neurocognitive and behavioral consequences.

Given your experience in the field, I do hope you will consider submitting an article. In this Special Issue, original research article and reviews are welcome.

Guest Editors

Prof. Dr. Graziano Montaruli
Prof. Dr. Domenico Ciavarella
Prof. Dr. Michele Tepedino

Deadline for manuscript submissions

closed (20 May 2026)



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Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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