

## Special Issue

# Clinical Diagnosis and Management of Obstructive Sleep Apnea Syndrome

### Message from the Guest Editors

We are pleased to invite esteemed experts to contribute papers to our Special Issue. As a valued researcher, we would be honored to have you as a contributor.

This Special Issue aims to present up-to-date and pertinent findings concerning diagnosis, therapy and management of Obstructive Sleep Apnea Syndrome, with particular focus to the multidisciplinary aspects of this widespread pathology.

The prevalence of OSA is approximately 22% in men and 17% in women, it represents a condition with important social implications because of sleep deprivation and daytime sleepiness. Obstructive Sleep Apnea Syndrome is becoming an increasingly studied disease because of its many comorbidities and consequences, although there's a high prevalence of undiagnosed and untreated patients. Nowadays it's clearly recognized as OSA is a risk factor for hypertension, heart failure, coronary artery disease, and so on. Sleep fragmentation in patients with sleep apnea can also lead to neurocognitive and behavioral consequences.

Given your experience in the field, I do hope you will consider submitting an article. In this Special Issue, original research article and reviews are welcome.

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### Guest Editors

Prof. Dr. Graziano Montaruli  
Prof. Dr. Domenico Ciavarella  
Prof. Dr. Michele Tepedino

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### Deadline for manuscript submissions

20 May 2026



## Journal of Clinical Medicine

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